



Steve Troxler, Commissioner of Agriculture

NCDACS Food Distribution Monthly E-Notification

August 2013

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RALEIGH -- The N.C. Department of Agriculture and Consumer Services' Farm to School program continued to see strong growth as school systems across the state added more locally grown fruits and vegetables to school lunch menus. Sales jumped to \$1.4 million this school year, up from \$1.2 million in 2011-2012, a 16.6 percent increase.

"We have set a new sales record for the Farm to School Program for the second straight year, and I believe we will top \$1.5 million in sales next school year," said Agriculture Commissioner Steve Troxler. "This year, 92 of the 117 school districts in the state participated in the program, which was also a record. We appreciate the support of child nutrition directors, schools and students in making this program a success."

Under the program, school systems across the state can order fresh North Carolina produce, which is coordinated and transported to schools by the NCDA&CS Food Distribution and Marketing divisions. Farm-fresh produce offered includes apples, blueberries, broccoli crowns, cabbage, cantaloupes, collards, cucumbers, peaches, romaine lettuce, squash, sprite melons, strawberries, sweet corn, sweet potatoes, tomatoes, watermelons and zucchini.

"I am proud that the Farm to School Program will be able to help schools meet new requirements to offer even more healthy options on lunch menus in the coming year," Troxler said.

In 2012-2013, 1,776 schools participated in the Farm to School program, ordering nearly 1.8 million pounds of fresh North Carolina produce. The program served more than 1 million students this year.

Among the biggest sellers were apples and apple slices, strawberries and sweet potatoes.

For more on the Farm to School program, go to the Farm to School website at www.ncfarmtoschool.com.

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NC Farm to School Calendar SY 2013-2014

Week of August 11, 2013	Seedless Watermelons, Cantaloupes, Tomatoes, Grape Tomatoes, Peaches, Sprite Melons, Cucumbers. Zucchini, Yellow Squash, Apple Slices
Week of August 25, 2013	Seedless Watermelons, Cantaloupes, Tomatoes, Grape Tomatoes, Peaches, Asian Pear
Week of September 8, 2013	Tomatoes, Grape Tomatoes, Cucumbers, Asian Pear, Squash, Zucchini
Week of September 22, 2013	Apples, Sweet Potatoes, Kale, Collards
Week of October 6, 2013	Apples, Kale, Collards
Week of October 20, 2013	Apples, Broccoli, Romaine, Sweet Potatoes
Week of November 3, 2013	Broccoli Crowns, Cabbage, Collards, Romaine
Week of November 17, 2013	Sweet Potatoes, Apples, Broccoli
Week of December 1, 2013	Sweet Potatoes
Week of December 8, 2013	Cabbage, Broccoli Crowns, Collards, Romaine, Apple Slices
Week of January 5, 2014	Collards, Cabbage, Apple Slices, Sweet Potatoes
Week of January 26, 2014	Apples, Sweet Potatoes
Week of February 9, 2014	Kale, Apples Slices, Collards
Week of February 23, 2014	Sweet Potatoes, Apple Slices
Week of March 9, 2014	Apple Slices
Week of March 23, 2014	Apple Slices, Sweet Potatoes
Week of April 6, 2014	Kale, Collards
Week of April 27, 2014	Strawberries, Romaine
Week of May 4, 2014	Strawberries, Romaine
Week of May 11, 2014	Strawberries, Romaine
Week of May 18, 2014	Strawberries, Blueberries

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SY 2013-2014 Deliveries

USDA Foods are beginning to trickle into our Butner and Salisbury warehouses. In approximately three weeks, USDA delivery trucks will be lined up, waiting to be unloaded. Be watching your email for your upcoming invoice/delivery notifications. With record breaking amounts scheduled for delivery, we hope to get your USDA Foods out to you just as fast as quickly as possible.

SY 2013-2014 209 Report

We have modified the 209 Report as follows:

The 209 will now display items which have been canceled (i.e. as the result of the cancellation of a USDA order, or the agency's request). These items are displayed with a double asterisk (which is explained in the 209 report footer). Also canceled items are red in color and are shown with a strike-through font. The original dollar amount is displayed as \$0.00; however, the original quantity is shown so the agency can see how many cases were canceled.

The 209 will also reflect the new USDA non-discrimination statement.

DOD 209 Balance

The 209 Reports are now final for SY 2012-2013.

We received the final DOD amounts first of this week, and have now made our final adjustments.

This also completes the closing out of SY 2012-2013 business.

SY 2012-2013 Audit Reminder to include Summer Feeding Totals

Just a reminder for you to include the Summer Feeding 209 Report if applicable along with your NSLP 209 Report to your auditor. This report is found in NCECOS Reports.

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A new USDA nondiscrimination statement was recently issued on May 24, 2013. All State agencies, local agencies, or other sub-recipients are required to incorporate the following USDA nondiscrimination statement into all materials and sources, including Web sites, used to inform the public about Food and Nutrition Service's child nutrition programs:

"The U.S. Department of Agriculture (USDA) prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or if all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)

If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.

Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (in Spanish).

USDA is an equal opportunity provider and employer."

If the material is too small to permit the use of the full statement, the material shall include the following statement, in print no smaller than text:

"USDA is an equal opportunity provider and employer."

NOTE: Public notification materials that have the previous statement may be used until they are depleted; however, new forms and publications must be printed with the updated statement. Websites, online applications and IT systems should be updated immediately. Additionally, we will share updates to the statements and "And Justice for All" posters as they are received.

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N.C. Food Distribution Advisory Council Active Members

Gary Gay

<u>Name and Address</u>	<u>Position</u>	<u>Term of Office</u>
919-693-9349 919-693-9402 Fax Ms. Judy Wrenn Granville County Schools P.O. Box 927 Oxford, NC 27565-2516 039-00-000 E-mail: wrennj@gcs.k12.nc.us	Child Nutrition Director	July 1, 2011 – June 30, 2014
828-733-6006 828-733-8943 Fax Ms. Tammy Woodie Avery County Schools 775 Cranberry Street Newland, NC 28657 006-00-000 E-mail: tammywoodie@averyschools.net	Child Nutrition Director	July 1, 2012 – June 30, 2015
828-728-8407 828-728-0012 Fax Mr. Guy Garner Caldwell County Schools 1914 Hickory Blvd., SW Lenoir, NC 28645 014-00-000 E-mail: ggarner@caldwellschools.com	Child Nutrition Director	July 1, 2012 – June 30, 2015
704-296-3000 704-292-2639 Fax Ms. Wendy Sheprow Union County Public Schools 407 N. Main Street, Suite 100 Monroe, NC 28112 090-00-000 E-mail: wendy.sheprow@ucps.k12.nc.us	Child Nutrition Supervisor	July 1, 2012 – June 30, 2015
336-570-6080 336-570-6680 Fax Ms. Melissa Horner Alamance Burlington School System 1712 Vaughn Road Burlington, NC 27217 001-00-000 E-mail: melissa_horner@abss.k12.nc.us	Child Nutrition Supervisor	July 1, 2012 – June 30, 2015
252-519-7120 252-535-5919 Fax Ms. Michelle Puckett Roanoke Rapids Graded School District 536 Hamilton Street Roanoke Rapids, NC 27870 042-10-000 E-mail: puckettm.co@rrgsd.org	Child Nutrition Director	July 1, 2012 – June 30, 2015
252-809-4171 252-792-0655 Fax Ms. Sharon Kinion Martin County Schools 300 North Watts Street	Child Nutrition Director	July 1, 2012 – June 30, 2015

Williamston, NC 27892
058-00-000
E-mail: skinion@martin.k12.nc.us

252-514-6360 252-672-7092 Fax Ms. Gretchen Wilson Craven County Schools 1822 Hazel Avenue New Bern, NC 28562 025-00-000 E-mail: gretchen.wilson@craven.k12.nc.us	Child Nutrition Director	July 1, 2012 – June 30, 2015
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828-255-5932 828-255-5899 Fax Ms. Lisa Payne Buncombe County Schools 175 Bingham Road Asheville, NC 28806 011-00-000 E-mail: lisa.payne@bcsemail.org	Child Nutrition Director	July 1, 2013 – June 30, 2016
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828-586-2311 828-586-5450 Fax Ms. Laura Cabe Jackson County Schools 398 Hospital Road Sylva, NC 28779 050-00-000 E-mail: lcabe@jcpsmail.org	Child Nutrition Director	July 1, 2013 – June 30, 2016
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704-736-1017 704-736-1687 Fax Ms. Lorie Reece Lincoln County Schools 2660 Maiden Highway Lincolnton, NC 28092 055-00-000 E-mail: lreece@lincoln.k12.nc.us	Child Nutrition Supervisor	July 1, 2013 – June 30, 2016
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336-593-8146 336-593-8106 Fax Ms. Cindy Marion Stokes County Schools P.O. Box 50 Danbury, NC 27016 085-00-000 E-mail: cindy.marion@stokes.k12.nc.us	Child Nutrition Director	July 1, 2013 – June 30, 2016
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910-678-2502 910-678-2542 Fax Ms. Carissa Harris Cumberland County Schools 810 Gillespie Street Fayetteville, NC 28306 026-00-000 E-mail: cgemar@ccs.k12.nc.us	Child Nutrition Director	July 1, 2013 – June 30, 2016
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910-735-2399 910-738-5928 Fax Ms. Jackie Harrison Public Schools of Robeson County PO Drawer 2909 Lumberton, NC 28359	Child Nutrition Supervisor	July 1, 2013 – June 30, 2016
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078-00-000

E-mail: jacquelyn.harrison@robeson.k12.nc.us

910-254-4212

910-254-4178 Fax

Ms. Imer Smith

Child Nutrition Director

July 1, 2013 – June 30, 2016

New Hanover County Schools

1802 South 15th Street

Wilmington, NC 28401

065-00-000

E-mail: ismith@nhcs.net

252-830-4226

252-830-1049 Fax

Ms. Leann Seelman

Child Nutrition Director

July 1, 2013 – June 30, 2016

Pitt County Schools

1717 W. 5th Street

Greenville, NC 27834

074-00-000

E-mail: seelmak@pitt.k12.nc.us

919-575-4490

919-575-4143 Fax

Mr. Gary W. Gay

Director

NCD&CS

Food Distribution Division

PO Box 659

Butner, NC 27509-0659

E-mail: gary.gay@ncagr.gov

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We have almost completed the new notification method that will systematically notify all schools of any commodity recalls or food alerts. This process will enable NCDA&CS Food Distribution to quickly send out the same message to all our customers.

Many of you have already self updated your contact information, which will enable you to receive future notifications via: office phone, cell phone, fax or even a text message.

We will be conducting a TEST of this new process in August 2013.

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FOOD ALLERGY FACT SHEET

Overview of Food Allergies

What is a food allergy?

A food allergy is when the body mistakenly reacts to a certain food or ingredient as if it were harmful. The food that causes the reaction is called an allergen.

What are the symptoms of a food allergy reaction?

Symptoms can happen within a few minutes or up to a few hours of the allergen being eaten and can be seen or felt in different parts of the body.

- Skin rash or eczema
- Swelling of the tongue or throat and difficulty breathing
- Itching in the mouth and throat, cramps, nausea, diarrhea, and/or vomiting
- Drop in blood pressure and loss of consciousness
- Death

What is anaphylaxis?

Anaphylaxis is a serious reaction that happens quickly. Anaphylaxis can involve many different parts of the body. The most severe symptoms can restrict breathing and blood circulation and may cause death.

What are the most common foods that cause allergic reactions?

The most common foods include:

- milk
- eggs
- peanuts
- tree nuts (for example walnuts, almonds, cashews, pistachios, and pecans)
- wheat
- soy
- fish
- crustacean shellfish (for example shrimp, lobster, and crab)



How are food allergies diagnosed?

A doctor can diagnose food allergies by using a variety of tests.

How are allergic reactions treated?

Reactions should be treated according to the student's Food Allergy Action Plan/Emergency Care Plan. Antihistamines and other medicines can be used. In severe cases, the medicine epinephrine should be given as soon as possible. Always call 911!

How can an allergic reaction be avoided?

The best way to avoid a reaction is to avoid the food that causes the allergy. Develop a system for checking ingredient labels carefully and have a plan to limit the ways in which the child could have contact with allergens, including airborne.

What is cross-contact?

Cross-contact happens when a food containing an allergen comes in contact with a food or surface that does not contain an allergen. Cross-contact is also called cross-contamination.



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FOR MORE INFO ON ALLERGY RESOURCES –CLICK LINK BELOW *****

<http://www.nfsmi.org/ResourceOverview.aspx?ID=452>

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Save The Dates:

- March Across Carolina: Hickory 11-6-2013 Raleigh 11-7-2013
- Regional Commodity Academy Training for CND's: March 19th 2014
– Boone Mountain Heritage Center / Western NC Ag Center in Fletcher, NC

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Maximums To Be Eliminated

Gary Gay

“USDA has announced the future elimination of grains and protein maximums and allowing sugar added to frozen fruit.”

We will pass along more information as it becomes available.

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National Reimbursement Rate School Year 2013-2014

Gary Gay

Federal Register for reimbursement rates for Donated Commodity Assistance for School Year 2013-14.

Commodity Assistance will be \$ 0.28

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